

Tunnel Echoes

Arch Cape/Falcon Cove Beach Community

A Newsletter

September 2019

Welcome to Fall in Arch Cape

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September 21 - 6:00 pm – *Potluck: Blue Jug Musical Group*

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Cover Photo by Sam Kinch

Quarterly Clean - Up & Potluck

Saturday, September 21, 2019

Everyone is welcome!

10 a.m. Clean-Up: Meet at St. Peter the Fisherman Church. Pick up supplies to walk Highway 101 and pick up litter. Come to the 6 p.m. Potluck: Meet at the Arch Cape Fire Hall. Come visit with neighbors, and have a fun and upbeat time. Bring your favorite main dish or dessert along with your plates and silverware. The musical group “Blue Jug” will provide entertainment. **Join us!**

The Cannon Beach Medical Reserve Corps invites community members to a learning session on Saturday September 7, 2019 from 9:00 – 11:00 am

**Cannon Beach City Hall, Council Chambers located at:
163 E. Gower, Cannon Beach, OR**

You will learn how to: (a) obtain prescription medications for an emergency event; and, (b) techniques to manage pain without medications.



Nate Nerenberg, PharmD, BCPS, is a clinical pharmacist and board-certified pharmacotherapy specialist who received his training at Oregon State University, and Oregon Health and Science University. He previously served as a clinical staff pharmacist in the inpatient pharmacy at Columbia Memorial Hospital and currently manages the pharmacy department at CMH.



Kathleen J. Bell, RN, MSN, is a nursing professor, currently teaching for the American Holistic Nurses Association Integrative Healing Arts Program. Kathleen's career has included maternal-child nursing, nurse-midwifery and women's health, community and nursing education, integrative health and holistic nursing. Kathleen serves as a special advisor to the Board of Directors of the Oregon Holistic Nurses Association.



ShakeOut.org

Each third Thursday of October is International ShakeOut Day - this year it's October 17! From now until then, help inspire others to participate by **renewing your registration** and encouraging others to register!

How will you make your #ShakeOut drill even bigger and better? While minimum participation is a one-minute earthquake drill, you can do so much more (consider insurance or retrofitting, make a plan, and/or organize disaster supplies: EarthquakeCountry.org/sevensteps).

Renew Your Registration

Join Us
in the World's Largest
Earthquake Drill.

October 17, 2019

www.ShakeOut.org



One-Minute Preparedness Tip!

Talk to your agent about earthquake insurance. You may be surprised at how little it costs to have the right amount of coverage for you.

For more information, visit **EarthquakeCountry.org/step4**.



Get ShakeOut graphics at **ShakeOut.org/resources/banners.html**, and share these one-minute preparedness tips with your friends, family, and co-workers! Messaging resources are always available at **ShakeOut.org/messaging**.

Cannon Beach 4th of July Parade



Photo by Diane Matson



Photos by Gil Kinch



Ham Radio information

Helen Chauncey

hchauncey@starpower.net

Here is some new training information, useful to any of your colleagues, family, or neighbors who might be interested in acquiring a ham radio license.

Also, a gremlin seems to have seized control of my key board for the August 11 update. See below for corrected URLs.

Finally, there is a reminder of three essential radio frequencies likely to be used in our area in case of an emergency.

Class for people interested in acquiring a ham radio license:

Oct 18/19th at the Clatsop Community College in Seaside. Fri evening 5-9 PM, All day Sat. 8 AM - 4 PM.

Federal exam at 4:30 PM Saturday. Cost \$14.00 for federal exam. All materials supplied, all instruction by volunteers.

For further information, contact Hal Denison, wa7fiv@gmail.com

Corrected Internet addresses for August 11 CBARS update email.

Training presentation information:

<http://www.archcape.com/radio/training>

Radio equipment suggestions for new hams are available here:

<http://www.cbars.org/equipment.html>

Frequency charts in use in our area are available here:

<https://clatsopauxcomm.org/>

<http://www.archcape.com/radio/training>

<http://www.cbars.org/frequencies.html>

Women's Ham Operators Net

<https://clatsopauxcomm.org/index.php/get-involved/coastal-who>

Essential emergency frequencies

Clatsop County simplex: 147.580

Cannon Beach/Arch Cape simplex: 146.480

Columbia Pacific linked repeaters/Arch Cape repeater: 146.740 Mhz, offset -600 kHz, PL 118.8 Hz



Virginia Ann Birkby

February 16, 1947 - June 5, 2019

Virginia Ann Birkby was born to Jack and Dorothy (Yost) Birkby on February 16, 1947, in Tacoma, Washington. She graduated from high school in Milwaukie, Oregon, in 1965, and from the University of Puget Sound in 1969 where she was a member of the Tri Delta Sorority. She earned her masters' degree in educational administration from Pacific Lutheran University.

As a teacher, director of special education, and an administrator, Virginia was with the Clover Park School District from 1969 until 1999 and served as Clover Park Education Association union president. After retirement, she rejoined her family in the beach community of Arch Cape, Oregon. While she loved walking beside the ocean and sharing

beach bonfires, she soon returned to her true passion of classroom teaching at nearby Nehalem Elementary School for another 17 years. Her legacy includes the hundreds of children she taught and inspired and then sent on their way, better prepared for the future.

Virginia brought her whole heart to her work as a teacher, infusing her classrooms with homey charm. She created a warm learning atmosphere that embodied her pride in her profession and her love of children in whose lives she invested so much of herself.

We also celebrate Virginia as one who could concoct a celebration like no one else could. Whether it was a birthday, baby shower, Christmas gathering or even a funeral, she coordinated events' bouquets of balloons, matching napkins and tablecloths, coordinated place settings, creative decor, festive wrapping with frilly trim, and of course always... flowers! Virginia loved flowers and gardening. Whenever flowers came into bloom, they immediately found their way to as many rooms as would hold them. She put together beautiful arrangements, but never with anything as common as a carnation. Virginia's vases exploded with bright-eyed irises and daisies, majestic montbretia and hydrangea, and her signature honeysuckle and fuchsia.

An avid and accomplished downhill skier for 35 years, she cherished her time spent on Mt. Rainier. Instructing at Cascade Ski School and traveling with friends during school breaks to conquer the mountains of Washington, Oregon, Colorado, Idaho, Montana and California highlighted the first half of her life.

Her eye for style extended beyond flowers to every detail of her rustic beach-themed home. Her elegant penmanship and calligraphy adorned special occasion invitations and everyday notes. She would put together outfits from her wardrobe that Nordstrom would envy, and she could always describe the outfit she wore to an event, even from her childhood. She appreciated textures and patterns of fabrics the way a musician cherishes notes.

Virginia (Ginny) was laid to rest at New Tacoma Cemetery, just two miles from her 30-year University Place residence overlooking the Puget Sound and beloved Olympic Mountain range.

Surviving sisters are Jackie (Birkby) Dochow, Seaside, Oregon and Debra Birkby of Arch Cape, Oregon. She was preceded in death by parents Jack and Dorothy Birkby, Aunt Gretchen Ann (Yost) Lemke, Cousin Brett Lemke, Grandparents Ben and Gretchen (Peggy) Yost and Lawrence (Shorty) and Lucretia Birkby. Commemorative donations can be made in her honor to Arch Cape Domestic Water Supply District (32065 Shingle Mill Lane, Arch Cape, Oregon 97102), working in conjunction with North Coast Land Conservancy, to preserve and improve the community's watershed and old growth forest neighboring her home on the Oregon coast. A memorial celebration was held in Arch Cape, Oregon on Saturday July 6.

"the river goes on and on, and the sea that divides us is a temporary one, and the bridge will bring us back together"



CLATSOP 2040

SOUTHWEST COASTAL CITIZEN ADVISORY COMMITTEE UPCOMING MEETINGS

WEDNESDAY, SEPTEMBER 11, 10AM

WEDNESDAY, OCTOBER 16, 10AM

WEDNESDAY, NOVEMBER 13, 10AM

WEDNESDAY, DECEMBER 11, 10AM

**ALL MEETINGS ARE HELD AT THE ARCH CAPE FIRE STATION
72979 HIGHWAY 101**

Get in on the Plan!



<https://www.co.clatsop.or.us/landuse/page/comprehensive-plan-update>

CLATSOP COUNTY COMPREHENSIVE PLAN REVIEW AND UPDATE

By Linda Eyerman

The Clatsop County Board of Commissioners has authorized a major review and update of the Clatsop County Comprehensive Plan, its master document on land use planning. The project, called Clatsop 2040, got underway this summer and is scheduled for completion in 2022. During this 3-year process, the Community Club will do its best to keep members informed and provide opportunities for input. Community engagement is critical to this process since the end result will govern every parcel of land in Arch Cape, Cove Beach, and the other rural areas of the County.

The County is promising an inclusive process and one which takes the needs and desires of the various regions of the County into consideration. As readers will recall, it was just two years ago (May 2017) that the last Comprehensive Plan amendments went into effect, disbanding our former long-standing Southwest Coastal Citizen's Advisory Committee and repealing most of Arch Cape's local zoning ordinances.

Background

The Clatsop County Comprehensive Plan was adopted in 1979 to meet the legal requirement that every county have a plan as to how it would implement Oregon's Statewide Planning Goals. The process for developing the original plan was lengthy, and much of the work was done by Citizen Advisory Committees appointed for each of the six regions in the County. The final document set forth 18 goals or policies on land use issues, including citizen involvement, agricultural lands, forest lands, housing, and natural resources. It also included guidelines or suggestions for how a goal might be accomplished. From these goals and guidelines came the zoning and other ordinances which govern how rural land is used.

Current Process

The review is being done in-house using Community Development staffers rather than outside consultants. New citizens advisory committees (CACs) have been created for each of the six regions in the County to (1) encourage and obtain public input, (2) increase communication between citizens and County employees and officials, and (3) provide recommendations to the Planning Commissions and BOC. These CACs, which are limited in duration to this project, are comprised of 3-5 members appointed by the Board of Commissioners. The following people have been appointed to the Southwest Coastal Citizens Advisory Committee: Charles Dice, Chair (Falcon Cove), Tod Lundy, Vice-Chair (Arch Cape), Richard D'Onofrio (Arch Cape), Linda Eyerman (Arch Cape), and Margaret Minnick (Coordinator, Friends of Cape Falcon Marine Reserve).

All meetings of the new Southwest Coastal Citizens Advisory Committee are being held at the Arch Cape Fire Station and the public is welcome and encouraged to attend, although opportunities for public input during the meetings are limited. As of this writing, the Southwest Coastal CAC has met twice, in July and August, with future meetings monthly. The remaining 2019 meeting dates are September 11, October 16, November 13, and December 11, all at 10 am. There also will be community meetings as needed, similar to the one held in Arch Cape on June 22.

The first CAC meeting in July was an orientation, while the August meeting involved a review of what might be the most important goal, Goal 1 which guides Citizen Involvement. Statewide Goal 1, with which every county must comply, requires "a citizen involvement program that insures the opportunity for citizens to be involved in all phases of the planning process." Clatsop County's current Plan designates the Planning Commission as its method of involving citizens in the planning process. The consensus of the Southwest Coastal CAC was that the County was not meeting Goal 1 through this structure, and recommended the establishment of permanent citizen advisory committees for each region of the County.

This information, and all conclusions from the regional CACs, are then reported to a Countywide CAC comprised of one member from each region (Tod Lundy is the Southwest Coastal member), and will be compiled by County staff into a discussion document for the next round of regional CAC reviews. As for what happens in the next round, stay tuned. For those who want more information, or who want to follow the process, the Clatsop County Community Development website has a section devoted to Comprehensive Plan Review

(<https://www.co.clatsop.or.us/landuse/page/comprehensive-plan-update>). Click on Southwest Coastal Advisory to see the agendas and listen to the audio of the meetings. Hopefully the meeting minutes will be posted there as well.

Linda Eyerman - 503-804-0385 - linda@gaylordeyerman.com

Clatsop County Website Info

Submitted by Julia Decker

JDecker@co.clatsop.or.us

From the department's page, you can click on the plus sign next to Applications & Permits and then from a drop down select Land Use Permit Log.

There are the current land use permits and then links to archives going back more than a year. It gets updated weekly. The Pending Land Use Applications link is the one at the bottom. The public notices, staff reports when they are ready, and notices of decision go there. We implemented this set of pages in May of 2017.



BROWN PELICAN

Submitted by John Markham

A wonderful bird is the pelican,
His bill will hold more than his belican.
He can take in his beak
Food enough for a week,
But I'm damned if I see how the helican. - - Ogden Nash



Photo by John Sproul

The brown pelican, *Pelicanus occidentalis* has become a common summer resident of our coast, arriving here from the south in spring and remaining until November some years. All species of pelicans, of which there are seven (or eight according to some authorities) belong to the single genus *Pelicanus* worldwide, which is the sole member of its family, Pelicanidae. The common name of the brown pelican is a strange choice, because only immature birds are brown, the adults being mostly grey and white with black wings. It occurs only in the Americas, where it ranges along both coasts of North and South America

including the Gulf of Mexico and the Caribbean Sea, through the tropics to high temperate latitudes, geographically divided into 6 subspecies (or 7 if the Peruvian pelican is considered a subspecies of *P. occidentalis* and not a separate species, *P. thagus*).

Individuals seen here breed in southern California and northern Baja California from December to August, at which time they sport red pouches, yellow heads and black necks, in contrast to the white heads and necks and grey pouches that we see. Brown pelicans have been reported from nearly all US states, but they are rare away from coasts. The only other species of pelican in the Americas is the larger white pelican *P. erythrorhynchus*, which is seasonally common in all states west of the Mississippi. It breeds in the same range as the brown pelican but is rarely seen on the Pacific coast north of California; this is the species common on Klamath Lake in southern Oregon. Two years ago I saw a pair of white pelicans flying over Young's Bay near Astoria, but that is considered unusual.

My mother once told me she had seen pelicans on the Necanicum River in Seaside when my parents briefly lived there while building their first house in Arch Cape in 1936-38. After World War II, the use of DDT became widespread, and its passage up the marine food chain caused pelicans and bald eagles to produce eggs with shells so thin that they were crushed during incubation, and the populations of both



Photo by John Sproul

species declined seriously, to the point that they were classed as endangered, and we never saw them here. Use of DDT was discontinued in 1972, and both species began rebounding and are now common here.

I first saw brown pelicans when I was a graduate student in Miami, Florida, starting in 1968. Now brown pelicans appear here every summer and fall, often in the hundreds. At times roosting birds form a continuous line up one side of Castle Rock, across its top and down the other side. Pelicans cruising single file may number from 3 to 30 in a single line, and occasionally they come ashore and stand in flocks of 100 or more on the beach. One year they stopped their northward migration at the Columbia and instead bunched up along our shore. Another year they lingered too late in the year, until after their prey fish had departed, and pelicans were seen ashore starving and begging for food; several were captured and shipped back to California.

Despite its size, the pelican is a graceful and swift flyer. I once saw two gliding along above a canal beside a small road I was driving in Florida, matched their speed and clocked them at 40 miles per hour. Though all species of pelicans eat fish, the brown pelican is the only one that plunges from a height into the water to overcome its considerable buoyancy and capture its prey. Unlike gulls, pelicans almost never vocalize.



Photo by Suanne Flatow



Photo by Gil Kinch

Arch Cape Water and Sanitary Districts News

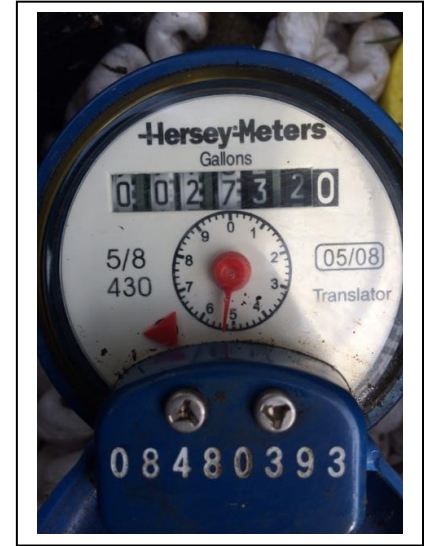
By Phil Chick

METER READING 101

Each summer we receive many inquiries regarding customer's water usage and water bills. Although staff makes a sincere effort to advise customers of monthly water usage that is out of the norm for a particular residence, the homeowner is ultimately responsible for keeping an eye on their water use.

It's often difficult for staff to differentiate between increased summer home usage patterns and a real problem. The homeowner knows this the best. Many people simply do not know how to read their water meter. So, to help folks out and to help the District in its conservation efforts, the following information is provided for guidance:

Your water meter is most likely located somewhere at the property line at the front of the house. Inside of the meter box is a meter that looks like the photo above (but probably a little dirtier!). The numbers appearing in the black and white squares on the meter register are read monthly, generally on the 1st of the month. If you wish to track your water usage, simply write down this number. **IMPORTANT:** Be sure to include the stationary "0" at the end. For example, this meter reads "**27320**".



EXAMPLE:

Let's say you want to know your water use for the time period of June 1st to June 10th, and the reading on June 1st is what is displayed in the photo, "**27320**". Write that number down. Then go out to your meter on June 10th and record that number... for example **29580**. Subtract the first register display from the second reading register display. Total gallons run through the meter is calculated as follows:

Meter Register Display June 10th: **29580**

Meter Register Display June 1st: **27320**

Total Gallons Used for Time Period: **2,260 gallons**

The red triangle is a leak indicator. If that triangle is spinning at all, then there is water running somewhere either in or outside the home. The red pointer dial is a gallon indicator. Each time the dial moves a complete rotation, ten gallons have passed through the meter.

It's always advisable to turn off your water if your home will be unoccupied for more than a week. If you have questions about how to find your meter, how to read it, or want to have your water usage investigated please call the office at 503-436-2790. We will happily assist you.

If you have any questions, please feel free to contact Phil Chick at 503-436-2790.

Kickoff Celebration of Marney Beemer's 100th Year

By John Piatt

Marney Beemer first came to Arch Cape as a young girl, the only child of her parents, "Scotty" and Ella Scott. They stayed at the Singing Sands Hotel in the middle 1920s (see photo of Marney as a girl in 1929 p. 287 *Arch Cape Chronicles*). Little did she know that over 90 years later she would be celebrating her 99th birthday here in Arch Cape.

She remembers the trips down the beach from Cannon Beach, around Hug Point, and up the board planks laid in the sand to reach the road (now Leach Lane) to Singing Sands. In the late 20's her parents built a cabin in Ocean Park, Washington and they did not return to Arch Cape until the late 40's when they rented a house that was later owned by Jack Birkby. Marney was married and living in Iowa then, but drove out with her three daughters to stay with her parents that summer. They all fell in love with the area again. Eventually, her parents bought a lot in Arch Cape where they built their home in 1951 and where they retired in 1956. The small guest house just off the carport, later named "Scotty's Sitty Hall," was built to house the carpenter from Longview, Washington while he was building their home. Marney's father, "Scotty" was very involved with the Arch Cape community, so it was only fitting that neighbors called him the mayor of Arch Cape, and who better since he owned Sitty Hall.



Marney's husband, Blackie, was a busy veterinarian in Iowa whose patients didn't allow much time off for summer vacations. In those early years, Marney often made the biennial trip to Arch Cape with a carload of kids on her own. After her husband's death in Iowa in 2010, Marney moved to Arch Cape full time in 2011. If you are at the south end of Arch Cape, you may spot Marney's green home with the flag flying just as her father had always flown it. If you know Marney, and who doesn't, you have probably had tea in her kitchen with a view of her "sanctuary," the forest glade just outside her window filled with bird feeders. Marney keeps a list of all the birds she has seen from her kitchen window. Like her father, Marney is involved in her community. She has served on the board of the community club, the Cannon Beach Library, P.E.O. which promotes women's education, the Cannon Beach Garden Club and various activities at the Cannon Beach Community Church. Then there is her lunch bunch who meet weekly for lunch.

When Marney turned 95, her children, Barb, Lynne, Gayle, Scott and Polly made a deal that family members would take turns staying with her at the beach if she would give up her driver's license. She has been tiring them out ever since.

May 11, one day after Marney's 99th birthday, her kids hosted a reception at Cannon Beach Community Church to kick-off the beginning of her 100th year. Each of her children spoke of the wisdom Marney had passed down to them: A love of music, "if you don't have anything good to say, don't say anything at all," take an afternoon nap every chance you get, have an adventuresome spirit, and learn to do practical things like cook, sew, and knit. Many have asked the secret to Marney's longevity. Is it the oatmeal she has for breakfast, the peanut butter and jelly sandwiches for lunch, the pomegranate juice she drinks, or the Dove dark chocolates she eats? Maybe. Or maybe it's just having a zest for life and for being a friend to everyone she meets. If her 100th year celebration is any indication, she may outlive us all.





DISASTER PREPAREDNESS

Gather Documents and Cash

Store important documents



Keep a stash of cash



Make an Emergency Plan

Identify a safe place in each room

Practice drills of evacuation



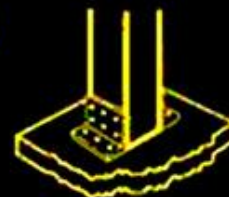
Learn how to do first aid



Evaluate your Home

STRUCTURAL SAFETY

Make sure your home is bolted to the foundation



PLUMBING

Educate family to shut off waterlines



ELECTRICAL

Learn how to shut off the electricity

GAS

Educate everyone to shut off the gas



SUPPLIES AND TOOLS YOU NEED

FOOD AND WATER

One gallon of water per person per day



Nonperishable food or canned goods



SHELTER/CLOTHING

Sleeping bags and blankets



Sturdy Shoes



Stove and fuel
Jacket

FIRST AID, HYGIENE

First aid handbook

Bandages

Medicine

Towelettes



Flashlight



Portable radio



Whistle



Rope

Candles



Swiss knife

Batteries



Crowbar



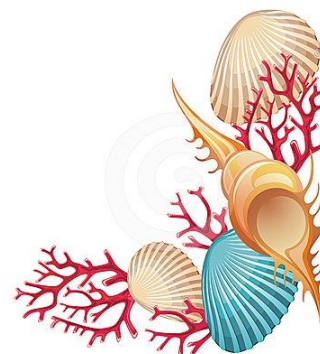
Support your local Cannon Beach/ Arch Cape/Falcon Cove CERT Team

Mary Beth Cottle (mbcottle58@yahoo.com)



**ARCH CAPE
FALCON COVE BEACH
COMMUNITY CLUB**

79729 Highway 101, Arch Cape, OR 97102



Arch Cape - Falcon Cove Beach Community Club

The Community Club meets four times yearly on the third Saturday of May, September, November and February. Membership in the club is \$16 for a household and includes membership as well as a subscription to this newsletter.

Not a member? Please join or renew today.

You can mail to ACFCB Community Club, Attn: Treasurer, 79729 Hwy 101, Arch Cape, OR 97102

The Tunnel Echoes is published 4 times per year: February, May, September, November.

Board Members

Charles Dice — President
Open — Vice President
Charles Dice — Treasurer
Diane Matson — Secretary
Rand Dufka – Member

Chris Anderson — Member
Janeigh Bettis — Member
Ralph Wyatt — Member
Linda Eyerman — Member

Questions/Concerns/Comments?

Contact: acfbcc@gmail.com